

HOLY BREAD SCHEDULE

MAY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PALM SUNDAY 8:20 am – Orthros 9:30 am — Div. Liturgy Procession w/ Palms <i>followed by festal meal</i> 6:00 Bridegroom Orthros APRIL 28	HOLY MONDAY Righteous Joseph 9:00 am Liturgy of Pre-sanctified Gifts 6:00 pm Bridegroom Orthros for Holy Tues 29	HOLY TUESDAY Ten Virgins 9:00 am Liturgy of Pre-sanctified Gifts 6:00 pm Bridegroom Orthros for Holy Wed 30	HOLY WEDNESDAY Anointing of the Lord 9:00 am Liturgy of Pre-sanctified Gifts Freezer 6:00 pm Holy Unction <i>fast</i> 1	HOLY THURSDAY Mystical Supper 9:00 am Holy Thursday VDL of St Basil <i>w/ washing of feet</i> Freezer 6:00 pm Passion Gospels <i>wine</i> 2	HOLY FRIDAY Holy Passion of Our Lord 9:00 am Royal Hours 2:30 pm Great Vespers and taking down from cross 6:00 pm Orthros w/ Lamentations <i>fast</i> 3	HOLY SATURDAY Christ's Descent into Hades 9:00 am VDL of St. Basil Linda-5 loaves 10:00 pm Rush Procession, Festal Orthros, Divine Liturgy of PASCHA Linda-5 loaves <i>wine</i> 4
GREAT & HOLY PASCHA <i>Midnight breaking the fast w/ Paschal Baskets</i> 1:00pm Agape Vespers <i>followed by PASCHA picnic</i> <i>fast free</i> 5	Bright Monday George the Great Martyr 6:00 pm Paschal Hours <i>fast free</i> 6	Bright Tuesday Ss Raphael, Nicholas, Irene 7:00 am Paschal Orthros <i>fast free</i> 7	Bright Wednesday Evangelist John the Theologian 6:00 pm Agape Vespers <i>fast free</i> 8	Bright Thursday Holy Prophet Isaiah 9:00 am Divine Liturgy <i>followed by Brunch</i> Freezer <i>fast free</i> 9	Bright Friday Theotokos of the Lifegiving Spring <i>fast free</i> 10	Bright Saturday 8:00 am Men's Breakfast 6:00 pm Great Vespers w/Litia Linda-artoklasia <i>fast free</i> 11
Thomas Sunday 8:20 am – Orthros 9:30 am — Div. Liturgy 10:20 am – Ch. School Valerie-5 loaves <i>Mother's Day</i> 12	<i>fast free</i> 13	7:00 am (Readers) Orthros 7:00 pm Women's Evening Book Study <i>fast free</i> 14	St. Pachomios 8:00 am Divine Liturgy Freezer 6:00 pm Vespers 7:00 pm Parish Council <i>fast free</i> 15	7:00 am Men's Reading Group 10 am Koffee w/Khouria 1:00 pm Women's Daytime Book Study <i>fast free</i> 16	<i>fast free</i> 17	6:00 pm Great Vespers & Compline <i>fast free</i> 18
Sunday of Myrrhbearers 8:20 am – Orthros 9:30 am — Div. Liturgy 10:20 am – Ch. School Marius-5 loaves <i>fast free</i> 19	<i>fast free</i> 20	Ss Constantine & Helen 8:00 am Divine Liturgy Freezer 6:00 pm Paraklesis <i>fast free</i> 21	6:00 pm Paraklesis <i>fast free</i> 22	7:00 am Men's Reading Group <i>fast free</i> 23	<i>fast free</i> 24	6:00 pm Great Vespers & Compline <i>fast free</i> 25
Sunday of the Paralytic 8:20 am – Orthros 9:30 am — Div. Liturgy 10:20 am – Ch. School Catechism youth choir practice Community Dinner 2:00 pm Michele-5 loaves <i>fast free</i> 26	Memorial Day <i>fast free</i> 27	7:00 am (Readers) Orthros 7:00 pm Women's Evening Book Study <i>fast free</i> 28	MID-PENTECOST 6:00 am Divine Liturgy Freezer 6:00 pm Vespers <i>fast free</i> 29	7:00 am Men's Reading Group <i>fast free</i> 30	<i>fast free</i> 31	8:00 am Men's Breakfast 6:00 pm Great Vespers & Compline <i>followed by Summer BBQ</i> JUNE 1

* Fast = No meat, fish, dairy, eggs, alcohol, oil