

MAY 19, 2019  
BULLETIN – SUNDAY OF THE PARALYTIC

CHRISTOS TENSIOU! BAHAKE TENSIOU! CHRIST IS RISEN! INDEED HE IS RISEN! KHRISHTI UNJAL! VERTET UNJAL!

ChurchOffice@ssppaoc.org ♦ (831) 336-2228 ♦ P.O. Box 458, Ben Lomond, CA 95005

Deadline for Bulletin Submissions -- 10:00 am Thursday ♦ Father's Office Hours – Tuesday 10:30 am-1:30 pm

Happy Birthday To

Daniel Peabody May 20

Sh. Karla Newberry May 22

Happy Belated Anniversary To

Guy & Mona Peabody May 15

Jeff & Michele Auldridge May 16

**SAVE TIME & DONATE ONLINE**

Online Giving is available for parishioners with WeShare, an easy and convenient way to save time and support our church. Donating is simple, safe, and completely secure. With WeShare, you can set up a recurring weekly or monthly transaction using your checking, savings, or credit card account. You can decide how much to give to any collection and make changes any time, day or night. Plus, you can leave your checkbook at home on Sundays. If you would like to enroll in Online Giving, please visit <https://ssppaoc.weshareonline.org/>. You can also access Online Giving by going to our church website -- [ssppaoc.org](http://ssppaoc.org) — and selecting Donate/ Online Giving. If you have any questions or concerns about the program or would like help setting up your account, please contact either Philip Salibi or Linda Young.

**Kneeling Vespers of  
Holy Pentecost**

**4:00 pm Sunday, June  
16**

*(Father's Day)*

**BBQ Potluck to follow**

*Bring your own meat to barbecue, and bring a side dish, salad, or dessert to share (enough for your family and four more).*

**CONGRATULATIONS GRADUATES!**

Jacob and Julian Auldridge graduate from San Lorenzo Valley High School on Friday, June 7 at 10:00 am. Julian will attend Chapman University and Jacob will attend Occidental College; both young men will be playing football for their respective schools. Elijah Beck graduates from San Lorenzo Valley Junior High School on Wednesday, June 5 at 11:00 am. Paloma Auldridge graduates from Cal Poly SLO on June 16. She will pursue a Master of Business Taxation degree from USC next year.

**Come Join Us!  
Community Dinner  
TODAY  
2:00 pm**

*All are welcome to share in an afternoon of friendship and dine on home-cooked food. If you would like to contribute time and talents or funds, please contact Sh. Karla Newberry at 423-8121.*

**Ss Peter & Paul Summer Kids Camp  
June 24-28**

**STEWARDSHIP CALLING**

In preparation for meeting with the Stewardship Calling Implementation Team members, please look at the Parish Ministry Groups 2019 flyer in your church mailbox or on the church bulletin board.

**Antiochian Orthodox Convention  
July 21-28, 2019  
Grand Rapids, Michigan**

**Memory Eternal!**

**May 19**

**Connie Naomi Le Roux**

**May 24**

**Gloria Gay Reed**

**This Week @ Ss. Peter & Paul – May 20-26, 2019**

- 5/20 Mon** 6:30 pm – Choir Rehearsal  
**5/21 Tues** **6:00 am** – Readers Orthros  
9:30 am – Women’s Group Bakery  
Meet-up @Verve Coffee on Pacific  
Ave., Downtown Santa Cruz  
**5/22 Wed** **6:00 pm** – Paracletis  
**5/23 Thurs** 6:00 am – Men’s Reading Group  
**9:00 am** – Divine Liturgy  
**5/25 Sat** **6:00 pm** – Great Vespers & Compline  
**5/26 Sun** **8:20 am** – Orthros  
**9:30 am** – Divine Liturgy—Sunday of  
the Samaritan Woman

Looking Ahead –

- May 30 Morning Divine Liturgy*  
*June 1 Summer BBQs begin*  
**June 2 *Sunday of the Blind Man***  
*Church School Graduation outside on  
the patio*  
*Women’s Group business meeting @  
coffee hour*  
*June 5 Great Vespers w/Litia & Artoklasia*  
*June 6 Morning Festal Orthros & Divine  
Liturgy for Ascension*  
*June 8 Summer BBQ*  
**June 9 *Sunday of the Fathers of the First  
Ecumenical Council***  
*June 13 Morning Divine Liturgy*  
*June 15 Saturday of the Souls—Memorial  
prayers at Felton Cemetery*  
**June 16 *Holy Pentecost—Kneeling Vespers and  
BBQ***  
*June 19 Parish Council*  
*June 20 Morning Divine Liturgy*

**Diocese of Los Angeles & the West  
Parish Life Conference  
July 3-7, 2019  
La Jolla, California  
Hosted by St. Anthony Church**

Kneeling in the Paschal Season  
Outside of the Paschal season, there are particular times that we kneel during the week.

First of all, it is beneficial to make prostrations each day in our daily prayers. As Orthodox Christians we pray with our body, mind and spirit. Prostrations help remind us to have a humble attitude.

There are also times during various services in which we kneel.

Many of the Lenten services have kneeling or prostrations.

In addition to this, we kneel during midweek Liturgies at the Epiclesis.

The Epiclesis in Greek means “the calling down from on high.” It is the part of the service when the Priest invokes the Holy Spirit to come down and change the Bread and Wine into the Body and Blood of Christ.

The cue for when to kneel is when you hear “Thine own of Thine own, we offer unto Thee, on behalf of all and for all.”

However, during the Paschal Season, which is the 40 days after Pascha, we do not kneel or prostrate due to the celebratory nature of the season and in recognition that Christ is with us.

When Christ was asked why His Disciples do not fast, He replied that they are rejoicing because the Bridegroom is with them. When He is gone, they will Fast. This is why we do not Fast in the Paschal season, but also points to why we do not kneel.

**So let us joyfully say “Christ is Risen!”**