



## Antiochian Orthodox Christian Women of Ss. Peter & Paul

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V. Reverend Father Andrew Beck, Pastor

### **Spiritual Reflection for April 2013**

“...We are constantly tempted to focus on the disharmony between us and those with whom we live and work. Focusing on our fellows' mistakes is a recipe for judgment and anger; focusing on our own, a recipe for despair. If only we took a step or two back, we would hear the greater harmony that eludes our ears most of the time. Yes, that harmony probably has much more to do with the aid of the angels and of God's mercy than anything else. But over time, if we pay more attention to the heavenly harmonies than to the earthly disharmonies, we may find ourselves singing in tune with the heavenly hosts!”

*with love in Christ,  
Mother Melania and the community of Holy Assumption Monastery*